



Ken Mayer

Cell: 602-750-3678
Office: 480- 603-3310
Email: ken@huntrealestateaz.com

One of the best ways to make a house into a home is to invite some friends over for a meal. If you try this recipe, let me know how it turns out for you. And if you have a favorite recipe of your own, send it my way.

Beef Stroganoff

If all you remember about Beef Stroganoff is from your days in the high school cafeteria, you're missing out. This is an easy dish with lots of flavors that will be popular with parents & kids alike, so it makes a great family dinner on a cold winter night. And you can make it well in advance, so it's good for bringing to a holiday pot-luck party as well.

1 1/2 pounds of boneless beef top loin steak	2 Tbs ketchup
2 Tbs butter	1 teaspoon salt
3 cups egg noodles (about 6oz)	1 small onion
1 clove garlic	1/2 pound mushrooms
1 1/2 cups beef broth, divided	3 Tbs flour
	1 cup sour cream

1. Cut the beef lengthwise across the grain into strips about 1/8" thick. Cut longer strips in half crosswise.
2. Melt the butter in a large skillet (with a cover) over medium-high heat. Brown the beef, stirring occasionally, about 8 minutes. While the beef is browning, heat the water for the noodles.
3. Peel & finely chop the garlic. Set aside 1/3 cup of broth. Stir the remaining broth, ketchup, salt, and garlic into the beef. Bring to a boil over high heat, then cover and simmer gently for about 10 minutes until beef is tender.
4. While beef is cooking, peel & chop the onion, and cut mushrooms into slices. Finish preparing the noodles.
5. Stir the onion & mushrooms into the beef mix. Re-cover, and cook another 5 minutes until onion is tender.
6. In a tightly covered small container, shake the remaining 1/3 cup of broth with the flour until well mixed. Gradually add this mix to the beef, and bring back to a boil to thicken the sauce. Boil for 1 minute, stirring constantly, then reduce again to a simmer.
7. Add in sour cream and stir until hot. Do not let sour cream boil or it will curdle. Put noodles in serving bowls & spoon beef mix over noodles. Makes 6 servings.



Hunt Real Estate ERA, Lucas Division

4040 W Ray Road
Suite #8
Chandler, AZ 85226
